



Khozya D. Zyambo MMed, MBChB, Cert M&E, Zambia Moh

Herbert Brian Kazoora MD |Ag Head of Programs African Field Epidemiology

Alex Riolexus Ario MD, Epidemiologist and Public Health Specialist Uganda Mick Mboya Nguku MD, MBChB, MSc (Applied epidemiology

Moderated by: Maria Thacker Goethe Executive Director, GGHA



WELCOME & HOUSEKEEPING

Gilberte "Gigi" Bastien PhD Associate Director, MSM/OGHE



PERSPECTIVE FROM NIGERIA

Patrick Mboya Nguku MD, MBChB, MSc (Applied epidemiology), PGD AFENET

COVID-19 Preparedness and Response: Perspectives from Africa

Nigeria Country Experience

Outline

- Background
- Peace time investments on surveillance & response infrastructure
- COVID-19 outbreak in Nigeria
- Lesson learnt
- Conclusion

IHR/JEE June 2017

2



Score Breakdown



Score Breakdown 5 1 Sustained No Capacity Respond Capacity Preparedness **Emergency Response** Operations 1.6/5 Linking Public Health and Security Authorities **Medical Countermeasures and** Personnel Deployment **Risk Communication**

Score Breakdown



54





Multisectoral partnerships to end epidemics

Private Health Sector Alliance of Nigeria

Private sector-led network that mobilizes the business community to deliver better health outcomes in Nigeria

Private Sector Track Record



Nigeria Centre for Disease Control

Agency responsible for enhancing Nigeria's preparedness and response to epidemics through prevention, detection, and control of infectious diseases



FELTP Competencies and Outputs

Formal Instruction

-Outbreak investigation - PH Surveillance -Protocol-based study - Scientific Communication -Epidemiology -Biostatistics -Computer applications in PH -Leadership & Management -Teaching & Mentoring -Others

Field Activities

Outputs

- Outbreak report
- Surveillance analysis or data analysis report
- Surveillance evaluation report
- Study protocol
- Abstract
- Conference presentation
- Seminar
- Bulletin article
- Scientific manuscript
- Others
 - Teaching and mentoring reports
 - Management meeting minutes

Mentoring

>500 Field Epidemiologists



Outbreaks Provide Opportunities to



Digitalizing Surveillance – Surveillance Outbreak Response Management Analytic System (SORMAS)



SORMAS Architecture



Front end issues Range checks Allowable values Skip patterns Feedback and query

- Back end/ server side issues
- Poor/lack of feedback loop to states
- Low analytical capacity

Surveillance Pillar

Surveillance Update as at July 27, 2020



18

Surveillance Pillar

National Epi-curve with Testing Trend



Surveillance Pillar

Cases and Fatality by Age and Gender



-7000 -6500 -6000 -5500 -5000 -4000 -3500 -3000 -2500 -2000 -1500 -1000 -500 0 500 1000 1500 2000 2500 3000 3500 4000 4500 5000 6500 6000 6500 7000

Time trend





Where we are , Where we want to go.....

Nigeria



Disease Finding Efforts

Positivity Rate	Tests Per Million (Disease Finding Efforts)		
Burden)	High (Above 450/million)		Low (Below 450/million)
High (Above 10%)	 15 States: Lagos, FCT, Edo, Gombe, Oyo, Ogun, Kano, Ebonyi, Kwara, Plateau, Borno, Nasarawa, Kaduna, Bauchi, Jigawa High disease burden,, yet to reach peak Good progress in disease detection Control not yet achieved Scale up efforts needed 	-	 12 States: Rivers, Katsina, Delta, Ondo, Sokoto, Yobe, Benue, Anambra, Zamfara, Niger, Bayelsa, Enugu Undetected high disease burden Solve operational challenges to disease detection eg; lab, case finding, ricks communication
Low (Above 10%)	IDEAL Situation. Test more than 1% of the population (> 10,000/million) with a positivity rate less than 5%		 9 States: Abia, Ondo, Osun, Akwa Ibom, Ekiti, Imo, Taraba, Kebbi, Osun Silent states May have high disease burden, but disease finding efforts sub-optimal Push at all levels – political and health

LGA Categorization – Hot Spotting Strategy

- Identify high transmission LGA for targeted intervention
- Different approaches
 - Historical disease burden
 - Combination of diseases burden , recency and positivity
 - Logistic regression weighting all potential predictors for high risk
 - Other considerations contiguity , political engagement , ease of implementation
- 4 week cycle of review
- Engagement process states
- Monitoring disease burden and intervention

Criteria for Selection of LGAs/Districts

Criteria 1: Number of currently active cases

Criteria 2: Test positivity rate within the previous 2 weeks Criteria 3: Percent increase in confirmed cases from the previous week

Definition: The number of patients cases who were diagnosed less than 30 days ago and have not died or been discharged Selected LGAs > 100 active cases Definition: Proportion of tests conducted in the previous 2 weeks that are positive for SARS-Cov-2 Selected LGAs > 20% positivity rate with a minimum of 10 new cases in the 2 week period Selected LGAs > 50% increase in new cases of COVID-19 with a minimum of 15 cases at baseline

Other Interventions

- Pre-outbreak planning , simulation
- RRT surge insurance , medical cover and training
- Private sector involvement resources, labs , other expertise
- State level PHEOC activation
- Leveraging on existing IPC capacities
- Political and operational engagement

Lessons Learnt / Conclusion

- National Public Health Institute that is empowered , funded , functional and staffed with appropriate sub-national linkages is central in mounting an effective response
- Peace time investments in surveillance and laboratory infrastructure are core to preparedness and response
 - Using existing frameworks IHR
- Collaboration with the private sector is possible continuous engagement
- Outbreak not homogenous hot spotting strategy useful
- Skilled adequate workforce essential need protection / motivate



PERSPECTIVE FROM UGANDA

Alex Riolexus Ario MD, Epidemiologist and Public Health Specialist Uganda





STATUS OF COVID-19 PANDEMIC RESPONSE IN UGANDA

Dr. Alex Riolexus Ario Uganda National Institute of Public Health

Ministry of Health, Uganda

Background

- Uganda declared 1st COVID-19 confirmed case on 21 March 2020
- By 28 July 2020:
 - 1140 Confirmed Cases (Excluding 1,773 foreign nationals)
 - 2 Deaths
 - 1018 Recoveries
 - 122 Active cases
 - 7491 Cumulative in institutional quarantine in 89 sites, 5530 discharged





Epidemic curve of 1,140 Confirmed Ugandans

Most Case-patients were asymptomatic



Age and Sex distribution of cases



Co-morbidities (%)



Case Distribution by Sample Collection Point







Half of Case-patients are Truck Drivers















5.0% Law enforcers



Types of Confirmed Cases over the weeks


COVID-19 Coordination

- Developed a National COVID-19 Response Plan
- Activated National Coordination Mechanisms
 - Incident Management System
 - National and District Task Forces
 - · Emergency Operations Centre
- Strategic meetings at regional, national and parliamentary levels
- · Coordinated donation of funds
- Deployed regional support teams: Doctors, Critical care nurses, Epidemiologists

Public Health Mitigation Measures



Surveillance Interventions

- · Contact identification, listing and follow-up
- Activated COVID-19 alert desks in all districts
- Oriented District and Regional Surveillance Focal Persons
- Activated screening of travelers at 53 PoEs
- Established CBDS in high risk districts

Contact Tracing in COVID-19

- · Follows confirmation of case
- Persons who came in contact with case (Contacts) are:
 - Identified
 - Listed
 - · Followed up for 14 days
 - · Tested at start and end of follow-up

Contact Tracing Team



Contact tracing up-date, 28 July 2020

14,784 Contacts listed 13,738 (93%) Contacts completed follow-up 244 Contacts tested positive 1,046 Active contacts



Laboratory Services





6

Facilities assessed to test at sub-national level



Tests (28 July)

Case Management Facilities

17 Treatment Facilities (28 July)

- o 15 RRHs
- o 1 General (District) Hospital
- o 1 National Referral Hospital
- o 930 Total bed capacity



Bed occupancy at treatment facilities



Case Management Interventions

- Developed National Guidelines for Management of COVID-19
- All treatment facilities trained on management of COVID-19
- De-hospitalized approach for management of mild to moderate cases
 - · set up treatment units in stadiums and tents
- Psychosocial support offered at PoEs, quarantine centres and treatment units

Online COVID-19 Dashboard

https://covid19.gou.go.ug/

	Toll Free Numbers: 0800-203-033 / 0800-100-066 / 0800-3	03-033
Ministry of Health, COVID-19 *	 MoH Uganda: COVIE 	D-19 Information Portal
Contacts Confirmed Recoveries 3,922 705 299 Menu ESITREPS	# High risk travelers since 07/03/2020 18,128	# high risk travelers located 10,989 (61%)
Press Releases		
Press Statements	Cumulati Con ve d c samples 705	nfirme Recoveri ases es
Donations	tested 148,442	

Uganda COVID-19 Response Data Flow



Risk Communication



- "Tonsemberera Campaign" i.e. Keep your distance: Runs on 309 radio stations and 7 TV stations
- Other messages: COVID-19 updates, use of masks, hand hygiene, stigma reduction, #StaySafeUg

Logistics

- Bi-weekly dispatch of logistical supplies to treatment units
- Procured: PPE, medicines, testing kits, ICU equipment and community face masks
- Delivered: non-medical logistics to quarantine sites, community face masks
- Completed: Phase one distribution of public face masks to 27 high risk districts and Kampala Metropolitan totaling 8.5million

Gaps and Challenges

- Disruption of continuity of essential health services especially at hospitals managing COVID-19 patients
- Significant Human Resource need: at Points of entry to support screening; laboratory personnel; contact tracers and VHTs to conduct community based disease surveillance
- Insufficient logistics: PPE and testing kits

Lessons Learnt

- Early preparedness and prompt response averts spread and deaths
- Good coordination and a multipronged approach ensures effective response
- Longevity of an outbreak and mildness of cases creates laxity amongst the population – prevention measures not strictly followed
- Good surveillance and effective contact tracing slows community transmission

THANK YOU



GLOBAL HEALTH EQUITY LECTURE SERIES: COVID 19 PANDEMIC PREPAREDNESS AND RESPONSE: PERSPECTIVES FROM AFRICA

PERSPECTIVE FROM ZAMBIA

Khozya D. Zyambo, MMed, MBChB, Cert M&E, Zambia Ministry of Health

MSM.edu #MSMHealthEquity



COVID 19 Preparedness and Response: Perspectives from Africa COVID-19 in Zambia: What We Should Know

Khozya D. Zyambo, MD

National Paediatric HIV Mentor HIV/TB ECHOTM Lead Facilitator Ministry of Health, Zambia

Learning Objectives

- 1. Describe COVID-19 trends in Zambia
- 2. Outline the mitigation measures for the COVID-19 peak in Zambia



COVID-19 Updates: 29/07/2020

- Cumulative cases 5249
- Cumulative number of deaths 146
 - COVID-19 associated deaths 98
 - COVID-19 deaths 40
 - 8 unclassified
- Total recoveries 1818 cumulatively





Rising COVID-19 Test Positivity Rate is Indicative of Increasing Transmission in Zambia







Zambia may be Entering a Rapid Acceleration Phase

COVID-19 deaths are rapidly increasing in Zambia

Recent COVID-19 cases are occurring throughout Zambia

250 90 Nakonde 80 Cluster 200 70 Recent COVID-19 deaths growth 60 No. COVID-19 cases 150 50 40 100 o³⁰ 20 50 10 0 0 No. COVID cases 7-day moving average (COVID cases) —No. deaths





What Accounts for the Reported Lower COVID-19 Deaths in Zambia?

- Population age distribution: if the case fatality rates by age seen in other settings holds true in Zambia, there could be fewer fatalities
- 2.3% of Zambia population is 65 and above compared to 16% in the US and 23% in Italy
- Not all COVID deaths are recorded
 - Nearly 40% of deaths in Zambia are not registered at health facilities
 - Not all deaths with suspected COVID are tested





Mitigation Measures – Community

- Enhance and maximize on having clear and consistent public messaging regarding risk of COVID-19 so each Zambian can play their part in protecting themselves and their loved ones
- Focus on getting every Zambian to participate on minimizing the impact of COVID-19, things like physical distancing, mask wearing, frequent hand washing, and staying home when they have respiratory symptoms
 - Need to enforce mandated mask wearing in public
 - Need to work with community/church leaders to get public buy-in for these measures
- We have to protect people at highest risk of COVID-19 death
 - Those 60 years and older
 - Those with diabetes, high blood pressure, heart disease, and kidney disease



Mitigation Measures – Community

- Home deliveries: Through peer-run groups or private delivery mechanisms that maximize social distancing and respect client's privacy
- Community or private pharmacies: Scheduled pick-up times to maximize social distancing
- Pop-up pharmacy: Provide additional infrastructure in remote areas outside hospital or clinic settings with pick-up windows that are configured to ensure social distancing









Mitigation Measures – Facility



- Ensure safety of patients and providers
 - Provision of PPE
 - Physical distancing
 - Triage
- Reduce risk of transmission COVID-19
 - Minimizing contact with health facilities
 - Infection prevention control measures
- Promote muilti-month scripting of medicines for at risk conditions
 - HIV care, Diabetes, Cardiovascular & lung diseases
- Spaced appointment scheduling
 - Appointment by day and time
 - Weekend and after-hours

Telehealth/mobile technologies

- To f/u clients on MMD
- Virtual rounds done in COVID-19 isolation centres; Muilti-Disciplinary Team of experts consulted on management of complicated cases while minimizing PPE use and risk of exposure of healthcare workers
- Virtual training of healthcare workers
- Transmission of various guidelines to all facilities countrywide in the shortest possible time

Mitigation Measures – Facility



Supporting Last Mile distribution of commodities for scale-up of 6MMD







Lessons Learnt

- COVID-19 Pandemic is on-going and Zambia is yet to peak as number cases & severity
 of disease increases exponentially
- We are now seeing VERY SICK patients and mortality has increased drastically
 - Based on predictions and earlier models
- The need to protect vulnerable groups has become crucial
 - Very young and the elderly
 - Those with underlying conditions (diabetes, hypertension, kidney diseases, etc.)
 - Immune compromised
- High density areas (compounds) will be more affected
- Healthcare worker safety is paramount, a number of healthcare wokers are getting infected and we have lost a few so far.





Thank You Questions!!







GLOBAL HEALTH EQUITY LECTURE SERIES: COVID 19 PANDEMIC PREPAREDNESS AND RESPONSE: PERSPECTIVES FROM AFRICA

The Role of the African Field Epidemiology Network and Member Field Epidemiology Training Programs

Herbert Brian Kazoora MD | Ag Head of Programs African Field Epidemiology Network (AFENET)

MSM.edu #MSMHealthEquity

Presentation Outline

- 1. Current COVID-19 Situation in Africa
- 2. About AFENET
- 3. AFENET Corp of Disease Detectives (ACoDD)
- 4. AFENET & COVID-19 response in Africa
- 5. Challenges
- 6. Acknowledgements



Current COVID-19 Situation in Africa



- Cases = 871,970
- Deaths = 18,475
- Recoveries = 523,684
- CFR =2.1%
- All 54 countries affected
- South Africa Most Affected
- Source: <u>https://africacdc.org/covi</u> <u>d-19/</u>, Accessed 29/7/2020

About AFENET

About AFENET

- AFENET- African Field Epidemiology Network
- Non-profit networking and service alliance of FE(L)TPs in Africa
- Primary implementing partner to develop and sustain FE(L)TPs in sub-Saharan Africa for over 10 years
- Work with Ministries of Health and Agriculture, National Public Health Institutes (NPHIs)



Committed to ensuring effective prevention and control of epidemics and other priority public health problems in Africa

Objective

 To strengthen field epidemiology and public health laboratory capacity and, effectively contribute to addressing epidemics and other major public health problems in Africa





ways, photost, net



www.alenet.net



Field Epidemiology Capacity Development




AFENET's Strategic Priorities Networking & 01 Hield Epidemiology Capacity Development 05 Collaboration For Public **Health Advancement Documentation & Public Health Laboratory** 2 0 06 **Publication For Capacity Development Public Health Public Health Disease** 03 Surveillance & Promoting the 'One 07 Health' Approach **Effective Response Public Health Program** 04 Management & Research Development AFENET



www.afanat.net

AFENET Corp of Disease Detectives (ACoDD)



- Established in 2018
- Is a civil voluntary professional service of culturally competent field epidemiologists
- Built on the One Health Approach
- Membership- Graduates and Residents of FE(L)TPs in Africa

В

- Advanced FETP
- Intermediate FETP
- Frontline FETP

Purpose of ACoDD

- Platform to rapidly mobilize and deploy field epidemiologists
- Provide prompt and effective response to disease outbreaks and public health emergencies
- Conduct field investigations and epidemiological studies to provide evidence for public health decision and policy
- Sustain local capacity for disease prevention, detection and response



Where are the ACoDD members

- ACoDD members are spread across the AFENET member countries
- Over 85% work within the public and private health sectors within their countries



ACODD Deployment Mechanism



AFENET & COVID-19 Preparedness and Response in Africa



Preparedness Phase

AFENET Collaborated with Africa CDC to:

- Rapidly conduct regional trainings for health workers on :
 - Enhanced surveillance at points of entry Kenya, Feb 2020
 - Event- based surveillance in Uganda, March 2020
 - COVID-19 laboratory diagnosis using PCR in Senegal, Feb 2020
 - Infection Prevention and Control training, Nigeria
 - Risk communication and Community Engagement, Tunisia

Procure and distribute PPEs and Lab supplies

Convene an emergency meeting of Ministers of

Health - Africa Taskforce for Coronavirus (AFCOR) established



Preparedness Phase....2

Member FETPs supported Ministries to:

- Develop national prepared and response plans
- Develop/adapt surveillance protocols and tools (forms/case definitions)
- Conduct point of entry surveillance Screening travellers at Airports, ground crossing points
- Risk Communication and community engagements
- Investigate and respond to alerts and rumours
- Orient health workers on case detection, reporting and infection prevention and control
- Conduct risk assessments



Response Phase



- ACoDD members mobilized and deployed to IMS for:
 - Screening travellers at points of entry
 - Case investigation & contact listing
 - Contact tracing and follow up
 - Alert management
 - Risk communication & Community engagement
 - Sample collection
- Supported Africa CDC to mobilize and deploy >200 FETP graduates through African Volunteer Health Corp (AVOHC)









AFENET Teams in the field



FETPs Respond to Disease Outbreaks across Africa

17

Challenges

- High mobility of non-quarantined contacts especially in Urban Settings (Before lockdowns)
- Limited laboratory capacity to rapidly test all contacts under follow up to inform timely discharge or isolation of contacts
- Shortage of personal protective equipment
- Prolonged stay in institutional quarantine sites by contacts for more than 14 days when one turns positive
- Limited funding to sustain deployment of contact tracers in the field



Acknowledgements





CENTERS FOR DISEASE CONTROL AND PREVENTION



BILLO
MELINDA
GATES
foundation







19



www.afenet.net



20



GLOBAL HEALTH EQUITY LECTURE SERIES: COVID 19 PANDEMIC PREPAREDNESS AND RESPONSE: PERSPECTIVES FROM AFRICA



edu #MSMHealthEquity



GLOBAL HEALTH EQUITY LECTURE SERIES: COVID 19 PANDEMIC PREPAREDNESS AND RESPONSE: PERSPECTIVES FROM AFRICA

CLOSING REMARKS ACKNOWLEDGEMENT

Gilberte "Gigi" Bastien PhD Associate Director, MSM/OGHE

MSM.edu #MSN

#MSMHealthEquity